Single Rotating Stars and the formation of Bipolar Planetary Nebulae

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New Stellar Model 2.5 Mo vrot=250 km/s at ZAMS



Stellar model 2.5 Mo vrot=250 at ZAMS



Internal Rotation Very Different



Garcia-Segura et al. 1999

Two Scenarios:

I) Pessimistic: Post-Main Sequence Stars above 1.6 Mo suffer magnetic braking and their helium cores are spun down

2) Optimistic : The helium core evolves decoupled from the envelope and retains its angular momentum.
But, core-envelope angular momentum exchange must occur at some point previous to White Dwarf.

Specific Angular Momentum





3 experiments that suddenly include B-field to allow transport of angular momentum





Conclusions:

 It is really hard to get SINGLE stars rotating at the late AGB and post-AGB stage that could form Bipolar Planetary Nebulae (with the actual tools)

2) External Angular Momentum is welcome (from planets, brown dwarfs,....) to spin-up late AGBs

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As Noam Soker always said......